

LEARNING SUPPORT AT TAWHAI



Week 3, Term 3, 2024

Kia ora e te whānau.

I hope your Term has started well, and that you enjoy connecting with your child's teacher this week during Learning Conversations. These are a great opportunity to celebrate their achievements and share ideas about how to support learning at school and at home.

I am happy to connect and discuss any questions or concerns you may have about your child's learning or development.

My office is next to Room 14 and I work onsite every day except Tuesday. Please feel free to pop in for a chat or email me to make an appointment.

Hei kōna mai.

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'Questions Aren't Connections'



If this cartoon feels familiar, you are not alone.

It's really common for kids to respond with a shrug or an 'I don't know' when we ask about their day at school. In fact questions can increase anxiety in some children. Instead you might like to try connecting after school without questions.

By making statements instead they may feel more inclined to share parts of their day.

QUESTIONS AREN'T CONNECTIONS

QUESTIONS CAN *INCREASE* ANXIETY FOR MANY KIDS

Instead, try statements that show you are interested and paying attention:

• How was school?	• You look like you've had a long day
• Did your math test go ok?	• I was thinking about you today during your math test.
• Did you find a friend to play with at recess?	• I remember last night you were worried about recess.
• How do you feel?	• Your smile is SO big!

@LINDSAYBRAMAN5
lindsaybraman



'All Kinds of Minds'

Celebrating Kanorau/Diversity at Tawhai

Thank you to everyone who responded to our 'All Kinds Of Minds' survey in Week 1. I was thrilled by the response and the wide range of topics that parents would like to explore together.

These included ADHD, anxiety, social skills, Neurodiversity, Dyslexia, big emotions, sensory needs, transitions and more. Finding a time to meet that suits everyone is a real challenge so we will be looking at both a morning and evening session later in the term. Watch this space for more information. If you missed the survey but would still like to be involved please click on the link below for the Google Form.

- ★ Please fill out this form [All Kind of Minds Event](#) to register your interest and help us to plan a time that works for most people.

For more information email me at lsc@tawhai.school.nz or pop into my office



Where in the World is Shelley on ~~Mondays~~ Tuesdays?

I am now part of the UHub team at Upper Hutt Public Library on **Tuesdays**

9.30-12.30pm.

We had a very exciting few weeks as UHub was selected as a finalist in the Wellington Regional Community Awards.

On the night, UHub we were humbled to receive Runner-Up in the Upper Hutt Education category, and Winner of the Upper Hutt Rising Star Award. This is amazing recognition for the hard work and dedication from the UHub team and all of our supporters. We are excited to attend the Wellington Regional Finals in November.



2024 Regional Community Awards
Upper Hutt
Rising Star Winner

August Empower U Sessions and Mental Health Support from Atareira Trust

Empower U sessions next week:

Dyslexia: Supporting Your Tamariki With Their Learning

Monday 12th, 1pm & Thursday 15th, 6pm

[Book online for Empower U sessions at uhub.org.nz](#)

"Practical tools I could implement straight away at home. Really lovely, welcoming environment. So lucky to have this amazing resource in Upper Hutt. I hope more people utilise it!"
Feedback from a parent :)

CHILDRENS MENTAL HEALTH & WELLBEING

AT UHUB - WE KNOW THAT NAVIGATING YOUR CHILD'S MENTAL HEALTH AND WELLBEING CAN BE CHALLENGING AT TIMES, BUT YOU ARE NOT ALONE!

You can now book a session with a professional in child development and mental health who works with the Atareira Child & Youth team.

Megan is offering 45 min sessions on a Monday morning, whether you're seeking information, education, tools, techniques, strategies or just don't know where to start.

You can meet with her, call or zoom. Book now and 'clear a path' towards positive mental health for your child.
Book online: uhub.org.nz or email: office@uhub.org.nz

Check out our UHub [Facebook](#) page or UHub.org.nz to find out more about ['What's happening at UHub'](#).

On the website you can make a booking to meet with a member of the team, or pop in and see us Mondays 9.30-4 or Tuesdays 9.30-12.30